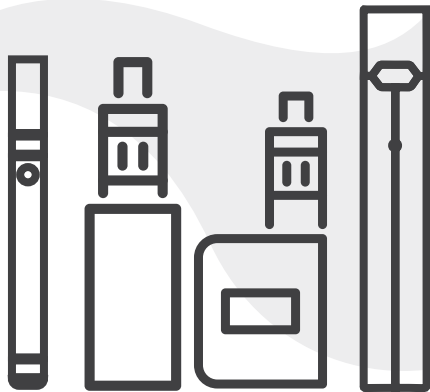






What do e-cigarettes look like?

E-cigarettes come in a wide variety of shapes and sizes;

mini (often called cig-a-like), pens, and even ones shaped to look like pens and usb drives.

Tobacco companies addict our children, but the kids are the ones being punished.

Slick marketing of tobacco products has contributed to addicting our kids to nicotine once again.



This addiction is causing our kids to bring their e-cigarettes to school, where they use and to try.



Schools often punish the addicted students through suspension. Studies show suspension increases the educational outcomes.

The American Heart Association is working with schools to help treat nicotine addiction while keeping kids in schools.

What can parents do?

- Do not use any tobacco products
- Do not allow your child to use (conventional cigarettes or e-cigarettes)
- Educate your kids that using e-cigarettes is illegal and can lead to suspension or expulsion
- Encourage your child to talk to a trusted adult if they are using e-cigarettes

[HEART.ORG/ANTIVAPING](https://www.heart.org/antivaping)