



The American Heart Association (AHA) is a major source for monitoring cardiovascular health, risk factors, and disease in the US and global population. It is published annually in *Circulation* and can be accessed for free at [circ.ahajournals.org](#)

adults have undiagnosed diabetes

adults have diagnosed diabetes

adults have prediabetes
(based on 2017-2020 data)

per 100,000

per 100,000

On average,

in the United States reported achieving adequate leisure-time aerobic and muscle-strengthening activities to meet the physical activity guidelines.

