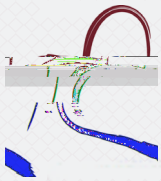


# REDUCING HEART RISKS IN THE CHICAGO-AREA SOUTH ASIAN COMMUNITY CHURCHES

## SOUTH ASIAN CARDIOVASCULAR CENTER

### Million Hearts in Action

[ Strategies for Achieving Million Hearts Goals ]



The South Asian Cardiovascular Center is trying to lower the prevalence of heart disease in the

#### [ Fast Facts ]

U death compared to other ethnic groups.<sup>1</sup>

y



**Our message is simple, we can do something about preventing heart disease and improving health through partnerships, dialogue, and awareness."**

*– Dr. Shoeb Sitafalwalla on raising awareness about heart disease risk*

#### [ What We Did ]

u # healthy. A fact was included with every meal.

1

2

hU #

#°) @

