



BUILDING A NATION OF LIFESAVERS

The **AMERICA'S HEAR CHALLENGE** and **CHAMPION** are service-learning based fundraising programs that give students the opportunity to feel good, while doing good. It's a way for students to better their life — all while changing someone else's.

AMERICA'S HEAR CHALLENGE to help kids with special hearts

CHAMPION the social, emotional, and physical health of your students, families, and staff

AMERICA'S HEAR CHALLENGE of Hands-Only CPR

Join schools across the country in building a nation of lifesavers as we work to end heart disease and stroke!

90% of people who suffer an out-of-hospital cardiac arrest don't survive. Immediate Hands-Only CPR can double — even triple — a person's chance of surviving cardiac arrest.

By completing **AMERICA'S HEAR CHALLENGE** students, staff, and families learn the lifesaving skill of **Hands-Only CPR**, creating a legacy of lifesavers.

AMERICA'S HEAR CHALLENGE if you see a teen or adult suddenly collapse.

CHAMPION in the center of the chest.

