

What are the common causes of VTE?

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American Heart Association.

HOW CAN I LEARN MORE?

Call (1-800-242-8721) or visit to learn more about heart disease and stroke.

Sign up for our monthly *Heart Insight* e-news for heart patients and their families at .

Connect with others sharing similar journeys with heart disease and stroke by joining our Support Network at .

Do you have questions for your doctor or nurse?

Take a few minutes to write your own questions for the next time you see your health care professional.

For example:

Am I at risk for VTE?

What changes can I make to prevent it?