



District-Level Model Policy: Establish District Support of Implementation of



ⁱ Pate, RR., et al. Promoting physical activity in children and youth a leadership role for schools: A scientific statement from the American Heart Association Council on Nutrition, Physical Activity, and Metabolism (Physical Activity Committee) in collaboration with the councils on Cardiovascular Disease in the Young and Cardiovascular Nursing.2006. *Circulation* 114.11: 1214 -1224.

ⁱⁱ Andersen, LB, et al. Cycling to school and cardiovascular risk factors: a longitudinal study. 2011. *Journal of Physical Activity and Health* 8.8: 1025 -1033.

ⁱⁱⁱ Ekelund, U, et al. Moderate to vigorous physical activity and sedentary time and cardiometabolic risk factors in children and adolescents.2012. *JAMA* 307.7): 704-712

^{iv} Institute of Medicine. *Educating the Student Body: Taking Physical Activity and Physical Education to School*. 2013. Available at: http://books.nap.edu/openbook.php?record_id=18314 Accessed on April 28, 2015.

^v *Active Education: Growing Evidence on Physical Activity and Academic Performance*. Active Living Research. 2015. <http://activelivingres>