

Streets Built to Share™

Tips for E ective Complete Streets Messaging

- Your audience may be new to the term "complete streets," so be ready to explain it (first message).
- Messages are strongest when they highlight both the health and safety benefits of complete streets.
- Sharing personal stories are great ways to help fill information gaps, add urgency, and build support.
- Avoid jargon and use clear, simple terms when you talk about city and neighborhood design.
- ✓ Be prepared to respond to challenging questions regarding funding. Complete streets policies are typically paid for through existing funding that state and local governments receive and only in some cases involve securing new revenue.

Complete Streets Messages

(*Use key messages consistently and repeatedly)



- Let's make it safe for people to share the road with cars and trucks. Sidewalks that connect to parks, public transportation, and schools; roads that include designated and protected bike lanes; and streets that accommodate all people, can help us safely be active and improve our quality of life.
- When children can walk to school, parks, and playgrounds, they are more likely to be healthy and do better in school.

- We know there are fewer crashes involving walkers when streets have sidewalks. People including moms with strollers, people with disabilities, children, and older adults need sidewalks and crosswalks to feel safe.
- Some low-income communities and communities of color have lacked well-maintained routes to parks and schools, roads, bike lanes, and sidewalks for decades. In many cases they simply do not have transportation options at all. The same neighborhoods often experience higher rates of chronic diseases like diabetes and heart disease. We must make up for years of lost opportunities and make these neighborhoods a priority moving forward.

Language to Emphas ize/Languag e to Avoid

Messages that resonate best are clear and simple. They use everyday language free of jargon and communicate shared values and emotion. Below you'll find a list of words/phrases encouraged to use (left-hand column) when talking about complete streets. Language in the right-hand column includes terms and phrases not as easily understood or impactful when looking to engage your audience.

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 Roads, protected bike lanes, access to parks and sidewalks that can accommodate all users 	Built environment and active transportation, infrastructure
Improving the quality of life for people in the neighborhood	Improving the built environment
 People walking, walkers, walking 	× Pedestrians
 People riding bicycles, bike riders, biking 	× Bicyclists
 Neighborhood, town, city, school, church, family, local business 	General "community" which means something di erent to each person
 Crashes, collisions 	× Accidents
 Helping children grow up at a healthy weight 	× Preventing childhood obesity

Tips for E ective Messaging to Support Public Policy Change

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When communicating to gain support for policy, systems, and environmental changes that help kids grow up at a healthy weight, it is important to use language that will move people to take action. By framing your message in a way that paints a picture of how the current environment makes it dicult, if not impossible, to make healthy choices, you can create a sense of urgency and the need to take action. Make sure to clarify that the change and action you're calling for is about transforming environments to make it easy for people to eat healthy and be physically active and less about creating personal behavior change.



While obesity is a chronic disease, most people still think of it as a personal problem with a personal solution. They believe if someone is obese or overweight, that person just needs to eat less and be more physically active. They don't immediately see the need for public policy solutions. However, when talking about people facing obesity-related diseases like diabetes and heart disease, most people agree that we need to work together to find a solution to the problem. Avoid using "obesity" and instead emphasize the health threats posed by heart disease and/or diabetes.