Historical Summary of American Heart Association Published Positions on Worksite Wellness/Employee Health Management

Worksite wellness programs for cardiovascular disease prevention: A policy statement from the American Heart Association. Carnethon, M. Whitsel, LP. Franklin, B.A. Kris-Etherton, P. Milani, R. Pratt, C.A. Wagner, G.R. Circulation. October 27, 2009. http://circ.ahajournals.org/content/120/17/1725.full

This wa ess, reaffirming our support for comprehensive programs as an important means of reaching the more than 130 million Americans employed in the U.S work force and improving the cardiovascular health of this adult population. In this paper we outlined several important components of programs that are important for improving cardiovascular health and well-being.

Speaking with one Voice on Worksite Wellness: The American Cancer Society, the American Diabetes Association, and the American Cancer Society. **American Journal ofr**

Food and beverage environment and procurement policies for healthier work environments. Gardner CD. Whitsel LP. Thorndike AN. Marrow M. Otten JJ. Foster GD. Carson JAS Johnson RK. Nutrition Reviews. Published ahead of print May 7, 2014.

http://onlinelibrary.wiley.com/doi/10.1111/nure.12116/abstract

Large employers, federal and state governments, and hospital systems are significant purchasers and providers of food and beverages. This paper described the role of the food-and-beverage environment and procurement policy standards in creating healthier worksite environments.

Regulatory Comments

WORKSITE WELLNESS

May 25, 2011: Wellness Program Study: Assessing the Impact of Workplace Health & Wellness Programs

o Comments submitted to Department of Health and Human Services

January 25, 2013: Proposed Rule on